

Values

The next exercise includes a list of possible beliefs related to the world of work. Using the following scale where:

- 1 - things I value very much
- 2 - things I value
- 3 - things I don't value very much

identify the level of importance that you give to each of the categories.

Value	Category	I believe that my career should involve...
	Helping Society	doing something that benefits the world I live in.
	Influencing People	being able to change or influence people's opinions.
	Knowledge	learning and understanding new things.
	Creativity	the opportunity to create new programs, materials or organizational structures.
	Public Contact	have a lot of day-to-day contact with the public.
	Working Alone	involve projects which have limited contact with others.
	Competition	activities which pit my skills and abilities against others.
	Making Decisions	have to the power to decide courses of action and policies.
	Job Security	the assurance of keeping my job and receiving satisfactory compensation.
	Job Variety	different tasks and responsibilities which make each work day different.
	Job Stability	work that is routine and job duties that rarely change.
	Artistic Creativity	creative artistic expression.
	Leisure Time	allowing time for the pursuit of my hobbies and activities
	Supervision	being directly responsible for the work of others.
	Physical Challenge	work that uses my physical capabilities.
	Recognition	public recognition for the work I perform.
	Financial Gains	great monetary rewards for my work.
	Adventure	exciting and sometimes dangerous things.
	Travel	the opportunity to travel to different parts of the world.
	Independence	being able to work with little or no supervision.

	Morality	no conflicts with my moral, ethical or religious standards.
	Self Development	access to training.
	Passion	being completely wrapped up in my work.
	Informality	a casual working environment.
	Helping Others	assisting others and making a difference in their lives.

What are the ten (10) values which you consider most important to you?

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	